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CPAP CLEANING RECOMMENDATIONS

1. CPAP mask and headgear – Wipe down every day with baby wipes and wash it at least twice weekly with baby shampoo or body wash with warm water and air dry.
2. Water chamber – Dump leftover water every day and keep it open for air dry. Once a week can hand wash it or put it in upper rack of dish washer
3. Hose – Once a week soak in warm, soapy water or a vinegar/water solution for 30–60 minutes. Rinse thoroughly and hang to dry
4. Machine - Wipe the exterior with a damp cloth to remove dust
5. Reusable filter - Rinse reusable gray filters under water at least once a week. Need to be replaced every 6 months.
6. Disposable filter - replace disposable white filters every two weeks

Important Tips:

- **Avoid:** Harsh detergents, bleach, alcohol, or scented soaps.
- **Drying:** Allow all parts to air dry completely out of direct sunlight.
- **Safety:** Never submerge the main CPAP machine in water